

**ORAL CREATINE SUPPLEMENTATION FOR  
TREATING OR PREVENTING MUSCLE DISUSE SYNDROME**

**ABSTRACT OF THE DISCLOSURE**

The present invention relates to the use of a creatine compound, in particular creatine or a creatine analogue, for the manufacture of a therapeutic preparation for the prevention or treatment of muscle disuse syndrome in a subject. The invention further relates to a therapeutic preparation for treating or preventing muscle disuse syndrome, comprising a suitable carrier, diluent or excipient and an effective amount of one or more creatine compounds.

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